



KAREN CAMPBELL

M E D I A

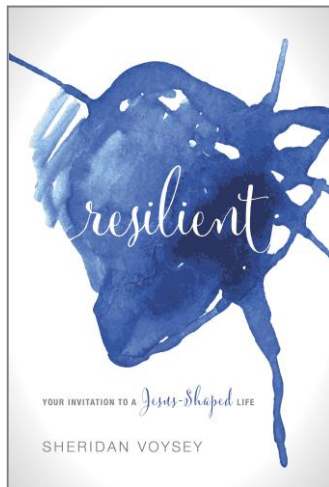
Resilient

Your Invitation to a Jesus-Shaped Life

To be resilient is to withstand hardship and recover readily. Is it possible to be resilient and stay strong when the storms of life hit—when a spouse leaves, a client sues, unemployment strikes, or our dreams fail to come true?

After facing his own fierce storm, author and broadcaster Sheridan Voysey tried an experiment—he would read Jesus’ Sermon on the Mount every day for month. That experiment continued a second month, then a third, as he discovered Jesus’ astounding invitation for weak people to become strong, little people to become great, and for all of us to find resilience by putting these radical teachings into practice.

Resilient: Your Invitation to a Jesus-Shaped Life (Discovery House, October 2015) is a result of his experiment-turned routine. It is a journey of 90 readings designed to recalibrate the callings, relationships, spiritual practices and life choices of readers.



Resilient refreshes our memory of the Sermon on the Mount and reminds readers of the blessing given to those who suffer and find themselves in need. But Voysey doesn’t stop there; he takes the familiar understanding of those who mourn and are meek and who hunger and thirst for righteousness, putting it in a new light. Are we called to be meek and poor? What is the true message of the Beatitudes?

Voysey encourages readers to use the Sermon on the Mount as a guide to developing a strong spiritual core. “From sex to prayer to conflict to possessions,” Voysey writes, “the Sermon covers the grittiest of topics without embarrassment or apology.” Voysey has delved deeply into these familiar blessings and shares his discoveries with us.

Each passage in *Resilient* is designed to be read slowly, with an open mind and heart ready to be both challenged and transformed. Voysey notes, “In it I discovered the radical idea that little people like us are God’s change agents in the world. And in it I read that if we put Jesus’ words into practice we will lead resilient lives—lives that bound back after difficulty.”



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Sheridan Voysey is a writer, speaker, and broadcaster on faith and spirituality. His other books include *Resurrection Year: Turning Broken Dreams into New Beginnings*, and the award-winning *Unseen Footprints: Encountering the Divine Along the Journey of Life*. He has been featured in numerous TV and radio programs, including *Day of Discovery* and *100 Huntley Street*, is a regular contributor to faith programs on BBC Radio 2, and speaks at conferences and events around the world.

<http://sheridanvoysey.com/>

Resilient: Your Invitation to a Jesus-Shaped Life

Sheridan Voysey

Discovery House

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\$13.99

Paper

Release: October 2015

Suggested Interview Questions for Sheridan Voysey, author of *Resilient*

1. Tell us about your experiment reading the Sermon on the Mount every day for a month and then beyond. How did it start?
2. Why do you believe the Sermon on the Mount is ultimately about resilience?
3. One of the main themes of *Resilient* is looking at the Sermon on the Mount through fresh eyes. For example, explain how we often misunderstand the Beatitudes.
4. The book is full of compelling stories. Share the story of Ken Cooper, the “hardened criminal who became a kitten-protecting gentleman.”
5. How can Jesus’ Sermon help someone who is struggling to find their calling and purpose in life?
6. How does Jesus recalibrate our relationships through the Sermon?



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7. In *Resilient* you ask, “How often is your heart broken by the things that break the heart of God?” How do we move closer to having a heart like God’s?
8. Some may be surprised to hear that Jesus taught about decision making. How does he equip us to make wise choices?
9. Some of our choices will require great courage to follow through on. Tell us about James and Anne’s big decision and what came out of it.
10. It’s not a matter of *if* we will face life’s storms, but *when*. How have you seen people stay strong through pain and tragedy by putting Jesus’ words into practice?
11. How does Jesus’ teaching compare to recent research into resilience?
12. This is a devotional book that can be used for personal study or in a group setting. What are some ways we can get the most out of it?
13. Looking back now, how has your life changed since immersing yourself in Jesus’ Sermon?
14. Can you leave us with a final challenge?

To schedule an interview with Sheridan Voysey, contact Karen Campbell at karen@karencampbellmedia.com or 616-309-4390



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Praise for *Resilient*

Refreshing and wise, Resilient takes the words of Jesus' Sermon on the Mount right out of the "nice-but-unrealistic" box we've placed them into, and centres this rich teaching smack into our messy real lives where they belong.

Resilient is hopeful, practical, and challenging—I loved it.

Sarah Bessey, author of *Jesus Feminist* and *Out of Sorts*

Beautifully written, deeply inspiring meditations to begin or end the day with. Both the beginning disciple and the senior saint—and everyone in between—will find these daily meditations prodding, challenging and nurturing.

Ronald J. Sider, author of *Rich Christians in An Age of Hunger*, and Senior Distinguished Professor of Theology, Holistic Ministry and Public Policy, Palmer Seminary, Eastern University

When a heart is teachable in and through the trials of life, God grows a reservoir of wisdom through which he can move, act and reveal. Sheridan Voysey is that heart and he shares much truth and wisdom in this book. You will be encouraged in your own heart to keep believing Jesus for your life. Thank you, Sheridan, for leading us to deeper waters of truth in Christ.

Denalyn Lucado, co-author with Max Lucado of *Lucado Treasury of Bedtime Prayers*

When it comes to the Sermon on the Mount, Sheridan Voysey has now written the resource of first resort. What a gem!

Leonard Sweet, author of *From Tablet to Table*, professor at Drew University, George Fox University, Tabor College, and weekly contributor to preachthestory.com

"So come...whoever you are. Jesus takes all." Resilient's first entry grabbed me and invited me to keep reading. In digestible helpings, Sheridan Voysey serves up a bold invitation to a Jesus-shaped life that woos me to say Yes... and to keep saying Yes.

Elisa Morgan, author of *The Beauty of Broken*, and President Emerita, MOPS International

The crowd who climbed that day to hear Jesus preach were not just blessed with a mountain-top vista, but a view into the very heart of God's message of love. Anyone who has climbed a mountain knows the importance of a good guide, and in Resilient Sheridan Voysey, with wisdom and clarity, guides the reader to the heights of Jesus teaching, and invites us to drink in the glorious view.

Mark Sayers, author of *Facing Leviathan*, *The Road Trip That Changed the World*, and Pastor of Red Church

There was once a teacher who drew an enormous crowd and he beckoned them to sit on a hillside and learn of him. If you are hurried, stressed, confused—if you need peace, if you're looking for real happiness, listen to the teacher. Sheridan Voysey has captured the essence of what Jesus said to the poor, the broken hearted—and his words echo across time and into every willing heart. May you be comforted and happy as you sit and listen to the one who loved you most.

Chris Fabry, author of *Every Waking Moment* and host of *Chris Fabry Live!*